



SNACK AND TREAT CALCULATOR* FOR DOGS

Let's give our dogs the
HEALTHY LOVE the need




30g PIECE OF CHEESE

170 kcal	=	7 km run up muddy hill
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1/2 BAG OF CRISPS

90 kcal	=	9 km run
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50g SAUSAGE

150 kcal	=	7.5 km run up hill
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1 WHOLEMEAL BISCUIT

70 kcal	=	7 km run
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1/2 SLICE WHITE
UNBUTTERED TOAST

40 kcal	=	20 min run in the park
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1/2 SLICE WHITE
BUTTERED TOAST

80 kcal	=	8 km run
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25g HAM

40 kcal	=	20 min run in the park
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28g LEAN ROAST BEEF

50 kcal	=	1 hour walk and run
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30g ROAST LAMB

70 kcal	=	7 km run
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1 CARROT OR 1/4 APPLE

10 kcal	=	20 min run in the park
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20g CHICKEN

20 kcal	=	2 km walk and run
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PRO PLAN®
LIGHT BISCUIT

31 kcal	=	15 min play with ball
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ENERGY INTAKE

DAILY ACTIVITY

*Average based on 15kg dog